

SALT & TOUCH

STEP 1

CHOOSE TARGET AREA



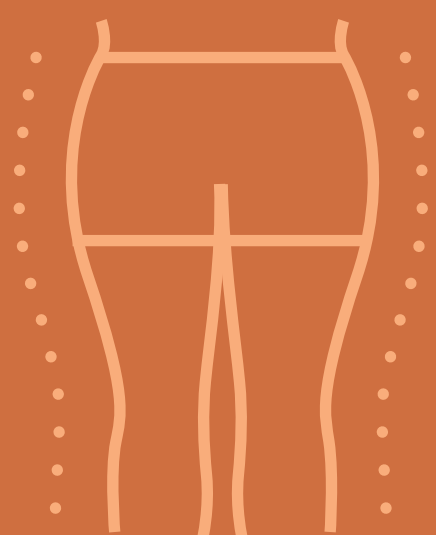
Upper Body Unwind

From neck to spine,
melt tension & restore
natural balance.



Upper Body+Arms Release

From head to fingertips,
release what you carry &
feel grounded again.



Lower Body Renewal

From lower back to hips
and legs, loosen what's
held & move with ease.



Full Body Reset

From crown to soles,
restore full-body
harmony & begin anew.

STEP 2

CHOOSE TYPE OF MASSAGE & DURATION

		30 mins	45 mins	60 mins	90 mins	120 mins
	Remedial/Relaxation Pre-Sport	\$60	\$75	\$90	\$145	\$180
	Deep Tissue/ Thermal Deep	—	—	\$95	\$150	\$185
	Foot Reflexology	\$60	\$75	\$90	—	—

OTHER THERAPY



Lymphatic Drainage

60
mins

\$100

90
mins

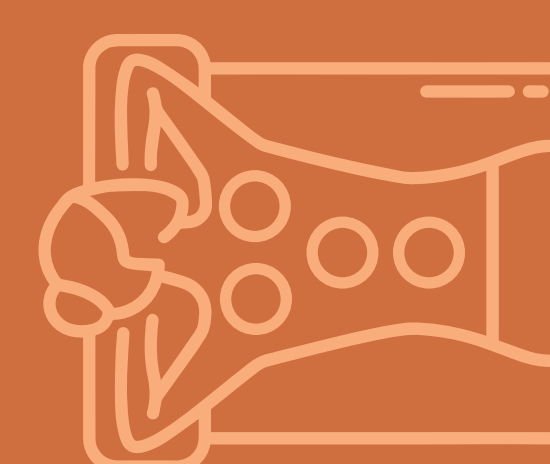
\$150



Pregnancy Massage

120
mins

\$195



Cupping

\$50 per session

TAILORED PACKAGE

Root & Restore

Magnesium Foot Spa
Foot Reflexology
Whole Reset Body Massage
Complimentary Tea & Dessert

90
mins

\$150

120
mins

\$180

Deep Revival

Magnesium Foot Spa
Foot Reflexology
Thermal Deep Whole Reset Body Massage
Complimentary Tea & Dessert

90
mins

\$155

120
mins

\$185

Remedial Massage & Natural Therapy